

BOOK STUDY - Psalms

“The heart beat of faith” – deals with feelings like:
Loneliness, success, failure, great joy, confidence
eg Ps 31 v 7

Psalms is made up of 5 ‘books’:-

1-41, 42-72, 73-89 (all end with “Amen and Amen”)

90-106 (ends with “Amen and Praise the Lord”)

107-150 (ends with “Praise the Lord, Praise the Lord”)

One of the key themes of the Psalms is :-
Crying out to God in prayer

We see the Psalmist (like ourselves):

Thinking rationally & irrationally,

Logically & illogically,

Dealing with times when things make sense & when they
don’t

In times of victory & defeat (when all seems against you)

Book 1 (Psalms 1-41) is mainly written by David

Book 2 (Psalms 42-72) is written by different authors

In Book 2 we see a shift in the name of God used from
YAHWEH to ELOHIM.